

Weekly Activity Plan (Age 3)

15 no-prep learning activities across reading, math, and fine motor

Weekly Schedule

Monday

- Reading: Read and Point (picture book + questions)
- Math: Snack Count (count 3–5 items before eating)
- Motor: Playdough Play (squeeze, roll, pinch)

Tuesday

- Reading: Letter Spotting (find one letter around the house)
- Math: Color Sort (sort toys or crayons by color)
- Motor: Crayon Drawing (trace lines and circles)

Wednesday

- Reading: Rhyming Games (cat/hat, do they rhyme?)
- Math: Pattern Making (red, blue, red, blue)
- Motor: Sticker Art (peel and place stickers)

Thursday

- Reading: Story Retell (what happened first?)
- Math: Size Comparison (bigger or smaller?)
- Motor: Pour and Scoop (rice, beans, or water)

Friday

- Reading: Sound Match (find things that start with “b”)
- Math: Counting Walk (count trees, flowers, cars)
- Motor: Tear and Glue (tear paper, make a collage)

10-Minute Daily Routine

Minutes 1–4 — Reading activity (read, spot letters, or rhyme)

Minutes 5–7 — Math activity (count, sort, or make patterns)

Minutes 8–10 — Fine motor activity (draw, playdough, or stickers)

Tips for Success

- Same time every day (attach to existing routine)
- Keep it short — 5 minutes is fine
- Follow your child's energy and interests
- Celebrate effort, not accuracy

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)