

Age 3 Skill Tracker

Language, math, motor, and daily living milestones

Language & Communication

- Speaks in 3–4 word sentences
- Vocabulary of 200+ words
- Understood by familiar adults most of the time
- Follows 2-step directions
- Asks “what” and “why” questions
- Knows first and last name

Counting & Numbers

- Rote counts to 10
- Counts 3–5 objects with one-to-one correspondence
- Understands “more” and “less”
- Recognizes quantities of 1–3 without counting (subitizing)

Shapes & Colors

- Names 4–8 colors
- Matches objects by color
- Identifies circle, square, and triangle
- Sorts objects by one attribute

Pre-Writing & Fine Motor

- Holds crayon with fingers (not fist)
- Draws vertical lines, horizontal lines, and circles
- Copies a cross (+) shape

- ▣ Uses scissors to snip paper
- ▣ Stacks 6–10 blocks

Daily Living & Self-Help

- ▣ Puts on shoes (velcro) and pulls on pants
- ▣ Uses toilet with some independence
- ▣ Eats with spoon and fork
- ▣ Follows a simple daily routine
- ▣ Cleans up toys with a reminder

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)