

# Readiness Signs Checklist (Age 4)

Social, reading, math, writing, and self-help skills

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## Social-Emotional Readiness

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- Separates from parent and settles within 5 minutes
- Takes turns with reminders
- Follows 2-step directions
- Uses words or seeks help when frustrated
- Engages in cooperative play with peers

## Independence & Self-Help

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- Uses bathroom independently (goes, wipes, washes)
- Manages jacket, buttons, or zippers
- Opens lunch containers and water bottles
- Cleans up after activities
- Communicates needs verbally ("I need help")

## Language & Listening

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- Speaks in sentences of 4–6 words
- Answers who, what, where questions
- Follows 2-step directions in sequence
- Retells a simple experience in order
- Listens to a 5–10 minute story

## Early Reading

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- Recognizes own name in print
- Knows 5–10 letter sounds





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- ☐ Understands left-to-right print direction
- ☐ Generates rhyming words (cat, hat, bat)
- ☐ Identifies beginning sounds in words

## Early Math

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- ☐ Counts to 10 in order
- ☐ Counts objects with one-to-one correspondence (up to 5–10)
- ☐ Recognizes numerals 1–5
- ☐ Names circle, square, and triangle
- ☐ Understands more vs. less

## Next Steps

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- Most signs met: maintain routines + 10 min/day learning plan
- Strong academics, developing socially: focus on playdates + turn-taking
- Strong socially, developing academics: add letter sounds + counting daily
- Multiple areas developing: start with independence + social, then academics
- Significant concerns (3+ areas): talk to preschool teacher or pediatrician



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