

Pre-K Skills Checklist (Age 4)

Reading, math, writing, social-emotional, and self-help readiness

Pillar 1: Reading Readiness

- Recognizes 10–15 uppercase letters
- Knows some letter sounds
- Rhymes words and generates rhymes
- Retells a simple story in 2–3 events
- Understands print concepts (left to right, front/back)
- Speaks in 4–6 word sentences

Pillar 2: Math Foundations

- Counts to 10–20 with one-to-one correspondence
- Recognizes written numerals 1–5
- Compares quantities (more, less, equal)
- Identifies circle, square, triangle, rectangle
- Creates and extends 2-color patterns
- Sorts by 2 attributes
- Understands spatial words (on, under, behind, next to)

Pillar 3: Writing & Fine Motor

- Holds pencil with tripod grip
- Draws circle, square, cross, beginning triangle
- Writes first letter of name
- Colors within boundaries (mostly)
- Cuts along a straight line
- Draws a person with 2–4 body parts

Pillar 4: Social-Emotional

- ☐ Takes turns and shares (with prompting)
- ☐ Follows 2–3 step group instructions
- ☐ Plays cooperatively with peers
- ☐ Names and manages basic emotions
- ☐ Separates from parent without prolonged distress
- ☐ Sustains attention for 8–12 minutes

Pillar 5: Self-Help & Daily Living

- ☐ Uses bathroom independently
- ☐ Puts on and removes jacket and shoes
- ☐ Opens lunch containers and eats independently
- ☐ Follows morning and bedtime routine
- ☐ Cleans up after activities

10-Minute Daily Plan

Block 1 (4 min) — Reading: book + questions, letter game, or rhyming

Block 2 (3 min) — Math: count objects, build patterns, or compare groups

Block 3 (3 min) — Writing/Motor: draw shapes, practice letters, or cut lines

Start today's lesson: kindergartenstart.com/?src=pdf