

Name Writing Practice Pack

Letter Formation + Sentences for Age 5

Letter Formation Guide

- Straight-line letters first: L, T, I, H, E, F
- Diagonal-line letters next: A, K, M, N, V, W, X, Y, Z
- Curved letters last: C, O, G, Q, S, U, J, D, B, P, R
- Always start letters at the top
- Use verbal cues: "Big line down, then a bump"

Name Writing Steps

- Phase 1: Learn each letter individually (watch, trace, copy)
- Phase 2: Sequence the letters (cards in order, find missing letter)
- Phase 3: Write from memory (no model, verbal cues only)
- Practice first name daily until fluent
- Introduce last name using the same three phases

Sentence Writing Progression

- Month 1: 2-word sentences with model ("I run.")
- Month 2: 2-3 word sentences independently ("I see a dog.")
- Month 3: 4-5 word sentences with finger spaces
- Month 4: Original sentences about drawings or experiences
- Always: capital letter at start, period at end

Daily 10-Minute Practice Plan

- 0-1 min: Fine motor warm-up (squeeze, stretch, air letters)
- 1-3 min: Write first name once, check formation

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)

- 3-6 min: Review 3 known letters + practice 1 new letter
- 6-9 min: Write 1 sentence or 3 words with finger spaces
- 9-10 min: Read back writing, star the best letter, celebrate

Fine Motor Warm-Ups

- Squeeze a stress ball 10 times per hand
- Finger-walk across the table (forward and back)
- Flip a coin using thumb and index finger only
- Stretch fingers against a rubber band (10 times)
- Write large letters in the air with index finger

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