

Math Skills Checklist (Age 5)

Key math foundations before kindergarten

How to Use This Checklist

- Practice 10 minutes/day with hands-on activities.
- Use objects (blocks, snacks, toys) instead of worksheets.
- Celebrate effort and progress.

Counting & Number Recognition

- Counts to 20
- Recognizes numbers 1–20
- Matches number to quantity (one-to-one)

Addition (Beginner)

- Adds within 5 using objects
- Starts adding within 10 with help
- Understands "more" and "altogether"

Subtraction (Intro)

- Understands taking away
- Subtracts within 5 using toys or drawings

Patterns

- Copies and continues ABAB patterns
- Sorts objects by color/size

Shapes

- Names circle, square, triangle, rectangle
- Describes shapes (corners/sides) in simple terms

10-Minute Daily Math Plan

4 minutes — Counting or number match

4 minutes — Addition with objects

2 minutes — Shapes/pattern review

Notes

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)