

# Kindergarten Readiness Checklist (Age 6)

Strengthen reading, math, focus, and independence

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## How to Use This Checklist

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- Pick the top 3 skills to strengthen first.
- Do 10 minutes/day, 4–5 days/week.
- Celebrate progress weekly (confidence drives improvement).

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### Reading

- Reads CVC words smoothly (cat, ship, jump)
- Reads some CCVC/CVCC words (frog, milk, stop)
- Recognizes common sight words automatically (30–80 varies)
- Reads short sentences with fewer pauses
- Retells beginning/middle/end of a story
- Answers simple “who/what/where” questions

### Math

- Counts to 50 (and beyond with practice)
- Understands “one more / one less”
- Adds within 10 reliably
- Subtracts within 10 with visuals or objects
- Solves simple word problems (“I had 7, gave away 2...”)
- Understands tens and ones basics ( $14 = 1 \text{ ten} + 4 \text{ ones}$ )

### Focus & Classroom Skills

- Works independently for 10–20 minutes
- Follows 2–3 step directions





☐ Transitions between tasks with less frustration

☐ Tries again after a mistake (growth mindset)

## Independence

☐ Manages bathroom + handwashing routines

☐ Opens lunch items and cleans up

☐ Packs/unpacks backpack with reminders

☐ Puts away supplies after activities

## 10-Minute Daily Plan (Age 6)

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4 minutes — Reading (1 phonics skill + 1 short sentence.)

4 minutes — Math (1 skill (addition, subtraction, or word problem).)

2 minutes — Review (Repeat an “easy win” skill for confidence.)

Weekly Rotation Example:

- Mon: phonics blends + add within 10
- Tue: sight words + subtract within 10
- Wed: sentence reading + word problem
- Thu: story retell + tens/ones
- Fri: review + confidence day

## Notes (What We'll Practice Next)

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Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)