

# Kindergarten Readiness Checklist (Age 5)

Key skills for reading, math, focus, and independence

---

## How to Use This Checklist

---

- Focus on 2–3 areas at a time.
- Aim for 10 minutes/day, 4–5 days/week.
- Check monthly — progress matters more than perfection.

## Kindergarten Readiness Checklist (Age 5)

---

### Reading

- Recognizes most uppercase and lowercase letters
- Blends simple CVC words (cat, dog, sun)
- Knows 10–20 basic sight words
- Retells a short story
- Answers simple questions about a story

### Math

- Counts to 20 independently
- Adds within 10 using objects
- Recognizes basic shapes
- Sorts by color, size, or shape
- Copies and continues simple patterns

### Social & Emotional

- Follows 2–3 step directions
- Takes turns and manages frustration
- Works independently for 10–15 minutes
- Expresses feelings with words





## Fine Motor

- Writes first name
- Holds pencil correctly
- Cuts with scissors along a line
- Draws recognizable shapes

## Independence

- Uses restroom independently
- Opens lunch containers
- Follows classroom routines
- Cleans up after activities

## 10-Minute Daily Plan (Age 5)

---

4 minutes — Reading (Letter sounds + CVC blending OR sight words.)

4 minutes — Math (Counting + addition with objects.)

2 minutes — Review (Repeat an easy win for confidence.)

## Notes (Goals This Week)

---

---

---



Start today's lesson: [kindergartenstart.com/?src=pdf](https://kindergartenstart.com/?src=pdf)