

Kindergarten Readiness Checklist (Age 4)

Early learning foundations (reading, math, routines)

How to Use This Checklist

- Focus on steady practice, not perfection.
- Choose one reading skill + one math skill each week.
- Keep sessions short: 10 minutes/day works.

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Early Reading

- Recognizes many letters (especially letters in their name)
- Learns common letter sounds slowly (one at a time)
- Notices rhyming words (cat/hat) with help
- Understands books have a front/back and turns pages correctly
- Enjoys listening to stories and talking about pictures

Early Math

- Counts to 10 (working toward 20)
- Recognizes some numbers 1–10
- Understands “more” and “less” in simple situations
- Names basic shapes (circle, square, triangle)
- Copies simple patterns (ABAB)

Social & Emotional

- Takes turns with reminders
- Uses words for feelings sometimes (“I’m mad”)
- Handles short separations better
- Follows simple 1–2 step directions

Fine Motor

- ☐ Holds crayon/pencil with improving control
- ☐ Traces simple lines and shapes
- ☐ Uses scissors with help
- ☐ Builds with small toys/blocks (hand strength)

Independence & Routines

- ☐ Cleans up with reminders
- ☐ Washes hands with help
- ☐ Puts on simple clothing items
- ☐ Follows simple routines (snack, bedtime)

10-Minute Daily Plan (Age 4)

4 minutes — Letters & Sounds (Pick 1 letter: name it + sound it + find it in a book.)

4 minutes — Counting/Shapes (Count objects (1–10) OR do a shape hunt.)

2 minutes — Review (Repeat yesterday's easiest win (confidence boost).)

Notes (Wins This Week)

Start today's lesson: kindergartenstart.com/?src=pdf