



# Fine Motor Skills Worksheets

Strengthen hand muscles for writing readiness • Ages 3–5

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## For Parents

- These activities build the small muscles needed for writing.
- Use proper pencil grip: thumb and pointer finger, resting on middle finger.
- Keep sessions short: 5–10 minutes is plenty.
- Praise effort and improvement, not perfection.
- Pair with hands-on activities: playdough, beads, cutting.

## Straight Line Tracing

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Trace along each dotted line from left to right:

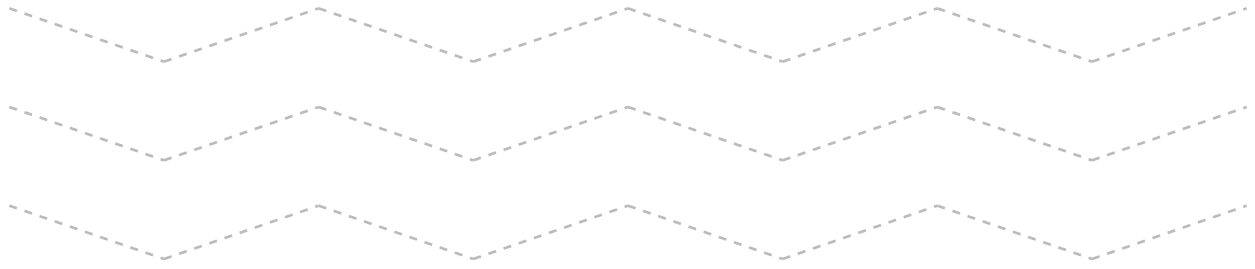


## Zigzag Lines

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Trace the zigzag pattern:





## Circle Tracing

Trace each circle carefully:



## Cutting Practice Lines

Cut along each line with safety scissors (parent supervision required):

