



Daily Learning Plan

A simple 10-minute daily learning routine • Ages 3–6

For Parents

- Consistency matters more than duration. Aim for 10 minutes each day.
- Choose a regular time that works for your family.
- Follow the same structure: warm-up, practice, celebrate.
- Alternate between reading, math, and thinking skills.
- Track daily completion with checkmarks on this planner.

The 10-Minute Structure

1. Warm-Up (2 min): Quick review of yesterday's skill or a fun phonics song.
2. Practice (6 min): Focus activity for today's skill (reading, math, or thinking).
3. Celebrate (2 min): High-five, sticker, or positive praise for completing the lesson.

Weekly Planner

Check off each day after completing your 10-minute lesson:

Monday	Reading	[]
Tuesday	Math	[]
Wednesday	Thinking	[]
Thursday	Reading	[]
Friday	Math	[]
Saturday	Fun Review	[]
Sunday	Rest Day	

Sample Activities by Skill

Reading:

Letter sounds, sight words, CVC word practice, book reading

Math:

Counting objects, number writing, simple addition, shape hunts, pattern making

Thinking:

Memory games, sorting activities, sequencing cards, puzzles, problem-solving

