

Blending Practice Pack

The sound-and-slide method + 10 practice words

The Sound-and-Slide Method

- Step 1: Touch under each letter and say the sound
- Step 2: Slide finger along the line, saying sounds continuously
- Step 3: Say the word at normal speed

10 Practice Words (Easiest to Hardest)

1. at (aah-tuh) — 2 sounds, simplest blend
2. am (aah-mmm) — 2 sounds, continuous ending
3. sat (sss-aah-tuh) — first CVC, stretchable start
4. mat (mmm-aah-tuh) — same ending, new start
5. man (mmm-aah-nnn) — same start, new ending
6. sit (sss-ih-tuh) — introduces short-I
7. pin (puh-ih-nnn) — stop consonant start
8. dog (duh-aw-guh) — introduces short-O
9. sun (sss-uh-nnn) — introduces short-U
10. bed (buh-eh-duh) — introduces short-E

5 Blending Activities

- Robot Talk — speak in sounds, child blends to decode
- Stretchy Band — stretch band as you say sounds, release to blend
- Word Building Races — build words with magnetic letters, blend to read
- Blend and Draw — blend a word, then draw a picture
- Mystery Word Reveal — uncover one letter at a time, blend at end

Daily Routine (8 min)

Block 1 (2 min) — Review: blend 3–4 known words

Block 2 (3 min) — New word: model, then child tries

Block 3 (3 min) — Game: one activity from the list

Troubleshooting

- Cannot merge sounds? Start with 2-sound words (at, am, up)
- Guessing from first letter? Reveal one letter at a time
- Adding extra sounds? Clip consonants short (k not kuh)
- Getting frustrated? End on a success, try easier word tomorrow

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)