

7-Day Reading Plan (Age 4)

A simple week of 10-minute reading practice

How to Use This Plan

- Follow one day at a time — no rushing.
- Each session is about 10 minutes.
- Repeat the full week if needed (repetition is good!).

7-Day Reading Plan

Day 1: 2 Letters + Story Time

Pick 2 letters. Say the name + sound. Find them in a book. Read a short story together.

Day 2: Letter Sounds Game + Story

"Find something that starts with /b/." Read a story and ask 1 question about the pictures.

Day 3: 3 CVC Words Practice

Sound out: cat, sun, bed. Point to each letter and blend slowly.

Day 4: Blend 3 Words + Read 2 Sentences

Blend: hat, dog, cup. Read: "I see a cat." "It is big."

Day 5: Review Letters + 3 Sight Words

Review 4–5 letter sounds. Introduce: the, and, is.

Day 6: Read a Simple Decodable Page

Use a decodable book or write 3–4 simple sentences together.

Day 7: Review + Confidence Day

Repeat the easiest activities from the week. Celebrate wins!

Tips

- Keep it playful — no pressure.

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- If your child guesses, slow down and point to each letter.
- Celebrate attempts, not perfection.
- Repeat the week as many times as needed.

Notes

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)