

7-Day Addition Mini-Plan (Age 5)

10-minute daily sessions — objects, fingers, and number bonds

Before You Start

- Child can count to 10 without skipping numbers
- Child can touch one object per number (one-to-one correspondence)
- Materials needed: 10 small objects (blocks, coins, snacks) and a pencil

Day 1: Combining Groups (Sums to 3)

- Use blocks: $1+1$, $1+2$, $2+1$
- Push groups together physically, count the total
- Say the sentence: "1 and 2 makes 3"

Day 2: Combining Groups (Sums to 5)

- Use snacks: $2+2$, $2+3$, $3+2$, $1+4$
- Push groups together, count the total
- Let the child set up problems for you

Day 3: Introduce Counting On

- Place 3 blocks. Add 1 more: "Start at 3, count up — 4!"
- Practice: $3+2$, $4+1$, $2+3$
- Key skill: holding the first number in your head

Day 4: Counting On with Fingers

- Hold up 4 fingers. Add 2 more: "5, 6!"
- Try: $3+2$, $5+1$, $4+3$, $2+2$

- Mix objects and fingers for variety

Day 5: Number Bonds for 5

- Give child 5 blocks — split into two groups
- Find all combinations: $1+4$, $2+3$, $3+2$, $4+1$, $0+5$
- Draw a number bond diagram for each

Day 6: Number Bonds for 6 and 7

- Repeat splitting activity for 6, then 7
- Focus on finding all pairs
- Draw number bond diagrams together

Day 7: Review + Story Problems

- "You have 3 apples. Mom gives you 2 more. How many?"
- Use objects to solve 4–5 story problems
- Celebrate progress — name what they learned this week

After Day 7

- Continue with sums to 10 using the same methods
- Spend 2 weeks on sums to 10 before written problems
- Look for: predicts totals, counts on, uses addition language

Start today's lesson: [kindergartenstart.com/?src=pdf](https://www.kindergartenstart.com/?src=pdf)