

30-Day Kindergarten Prep Calendar

Reading + Math — 10 minutes a day

Week 1: Foundations (Days 1–7)

- Reading: Learn letter sounds S, A, T, P, I, N, M, D
- Math: Count to 10, recognize numerals 1–5
- Activities: sound-and-slide, letter hunts, object counting, number matching

Week 2: Building Skills (Days 8–14)

- Reading: Blend 2-sound words (at, in, up), learn sight words I, a, the, and, is
- Math: Count to 15, name shapes, create and extend patterns
- Activities: blending practice, sight word flash cards, shape hunts, patterns

Week 3: Connecting (Days 15–21)

- Reading: Decode CVC words (cat, sat, mat), read simple sentences
- Math: Count to 20, addition within 5 with objects
- Activities: word building, sentence reading, combining groups, story problems

Week 4: Bringing It Together (Days 22–30)

- Reading: Read decodable passages, build to 10 sight words
- Math: Addition fluency within 5, intro subtraction, write numerals
- Activities: passage reading, mixed math, writing practice, celebration

Expected Outcomes After 30 Days

- ☐ 12–15 letter sounds known
- ☐ 8–10 sight words recognized

Start today's lesson: kindergartenstart.com/?src=pdf

- ☐ Decodes simple CVC words
- ☐ Reads 4–6 word sentences with support
- ☐ Counts to 20, recognizes numerals 1–10
- ☐ Adds and subtracts within 5 with objects
- ☐ Names circle, square, triangle
- ☐ Extends 2- and 3-item patterns
- ☐ Writes numerals 1–10

Daily Rules

- Same time + same place every day
- 5 min reading + 5 min math = 10 min total
- End every session on a success
- If you miss a day, skip it — don't double up

Start today's lesson: kindergartenstart.com/?src=pdf