

14-Day Reading Support Plan (Age 5)

A calm, step-by-step plan — 10 minutes a day

Days 1–3: Assessment + Confidence

- Check which letter sounds are known (make a list)
- Read aloud together — no child reading required
- Play rhyming games (cat/hat/bat)
- Rebuild positive feelings about reading

Days 4–6: Letter Sounds

- Teach 2 new sounds per day using sound-and-slide
- Review all known sounds each session
- Keep sessions warm and praise-heavy

Days 7–9: Blending 2-Sound Words

- Blend: at, an, in, up, am, it, on
- Use magnetic letters — stretch sounds slowly, then speed up
- Practice 5 words per session

Days 10–12: CVC Words

- Build: cat, sat, mat, sun, run, bun, pig, big, dig
- Change one letter at a time
- Child reads each new word

Days 13–14: Simple Sentences

- Write sentences: "The cat sat." "I can run."

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- Child reads 3–5 sentences per session
- Celebrate progress — name what they learned

Daily 10-Minute Routine (After Day 14)

- 0–3 min: Letter sound warm-up (10 cards)
- 3–6 min: Blending practice (3–5 CVC words)
- 6–8 min: Connected reading (decodable book or sentences)
- 8–10 min: Read-aloud (you read to child)

Session Rules

- Same time every day
- End on a success
- No more than 10 minutes
- Praise effort, not results

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